

# RF Spring Learning Series



Hello RF and SUNY Colleagues,

*"Spring is the time of plans and projects."* Leo Tolstoy

I encourage you to make plans to invest in yourself this season. Maybe for you, that looks like taking a short walk outside every day during lunch to clear your mind and reduce your stress. Or perhaps it's signing up to take *Leading People Responsibly* so you can learn more about managing conflict well and having effective one-on-one meetings.

**Don't see something that fits your needs?** We have 8,000+ courses available on various topics in our Learning Management System, BizLibrary. Plus, training for Sponsored Programs via SRAI Level Up. Contact [learning@rfsuny.org](mailto:learning@rfsuny.org) for a license.

Enthusiastically,

Jenna Lehr  
Deputy Learning Officer  
Research Foundation for SUNY

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**New Staff Orientation: 5/1, 10:00AM-12:30PM and 5/5 9:00AM-1:00PM**

On Day 1, program participants can expect to receive an overview of various departments at the RF: HR, Finance, ITS, Sponsored Program Services, Technology Transfer, and more. On Day 2, participants will receive an overview of Corporate Governance & Intro to Ethics.

New hires will expand their knowledge of the business of the RF and how they as individuals play a part in our overall success.

Please note, this session does not review RF benefits or specific position responsibilities.

**This program is designed for RF new hires, however all RF employees are welcome.**

**Register**

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## Leading People Responsibly: 5/3, 9:00AM-12:30PM

An essential course for all people leaders at the RF. Modules include topics such as Servant Leadership, Managing Conflicts, Effective One-On-One Meetings and an HR Overview. During the HR Overview you can expect to learn practical HR information such as the different types of leaves, employee types, important policies and more.

**Aspiring leaders are welcome.**

**Register**

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## Self-paced Training Available

These trainings can be found in **BizLibrary**, our Learning Management System, in the **Team Playlist** section of your learning homepage. [Click here to login](#).

[Managing Feelings of Anxiety at Work](#)

[4-Minute Workplace Workout #1](#)

[How to Effectively Address Racism: How to Address a Boss or Colleague](#)

[How to Effectively Address Racism: How to Apologize or Make Amends](#)

[The Power of Onlyness: Connect New Voices to the Group](#)

Note: 50 limited time licenses are available.

**Request a License**

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## Compliance & Ethics in Brief

Each month, the RF's Office of Compliance Services will send an email with a short video, article, or infographic on a selected topic, sharing reminders, new perspectives, and updates regarding compliance matters that affect your work.

**Find Them Here**

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