



Health Insurance Deduction and Premium Amounts - RF Regular Employees

RF Regular Health Plan

The Research Foundation Regular Health Plan is available to all locations and is provided by Empire Blue Cross PPO and Express Scripts.

Empire Blue Cross PPO

www.empireblue.com

PO Box 11800, Albany, NY 12211-0800

(800) 377-5156

Express Scripts

www.express-scripts.com

(800) 251-7690

The following biweekly deduction amounts are in effect for **2019** and can also be found in the [Benefits Bulletin](#):

PPO Option	Employee Coverage	Employee and Spouse	Employee and Child(ren)	Family: Employee, Spouse, Child(ren)
Traditional PPO	\$64.79	\$205.99	\$164.54	\$322.97
Deductible PPO	\$29.60	\$135.60	\$101.19	\$217.49

Health Maintenance Organizations

The following table provides deduction amounts for all Health Maintenance Organizations (HMOs) available to RF employees:

Plan Administrator Address ----- Applicable Locations	Biweekly Employee Costs, by Coverage Plan			
	Employee Coverage	Employee and Spouse	Employee and Child(ren)	Family: Employee, Spouse, Child(ren)
Blue Choice (BCBS of Rochester/Excellus) www.excellusbcbs.com 165 Court Street Rochester, NY 14647-0001 (585) 454-4810, (800) 462-0108	\$49.49	\$178.12	\$212.90	\$212.90

<p>-----</p> <p>SUNY Brockport, SUNY Geneseo</p> <p>CLOSED TO NEW ENROLLEES</p>				
<p>Capital District Physicians Health Plan (CDPHP) - All Areas</p> <p>www.cdphp.com</p> <p>500 Patroon Creek Boulevard, Albany, NY 12206 (518) 641-3700, (800) 777-2273</p> <p>-----</p> <p>Empire State College, RF Central Office, SUNY Cobleskill, University at Albany, Binghamton University, College at Oneonta, Morrisville State College, SUNY Polytechnic Institute (Utica/Rome and Albany), SUNY New Paltz, SUNY Delhi</p>	\$53.28	\$159.86	\$149.20	\$245.11
<p>Independent Health Association (IHA)</p> <p>www.independenthealth.com</p> <p>511 Farber Lakes Drive Buffalo, NY 14221-8272 (716) 631-8701, (800) 501-3439</p> <p>-----</p> <p>Alfred State College, Buffalo State College, SUNY Fredonia, University at Buffalo</p>	\$48.45	\$184.11	\$125.97	\$222.87
<p>MVP Health Plan - Albany/Syracuse/Rochester*</p> <p>www.mvphealthcare.com</p> <p>625 State Street, PO Box 2207 Schenectady, NY 12305 (888) 687-6277</p> <p>-----</p> <p>Binghamton University, College at Oneonta, Empire State College, Morrisville State College, RF Central Office, SUNY Brockport, SUNY Cobleskill, SUNY Delhi, SUNY ESF, SUNY Geneseo, SUNY New Paltz, SUNY Oswego, SUNY Polytechnic Institute (Utica/Rome and Albany), University at Albany, Upstate Medical University</p>	62.54	\$243.84	\$163.08	\$259.43

Vision Coverage

Deduction amounts for Vision Plan Plus coverage:

	Biweekly Employee Costs, by Coverage Plan			
	Employee Coverage	Employee and Spouse	Employee and Child(ren)	Family: Employee, Spouse, Child(ren)
Davis Vision www.davisvision.com	\$4.06	\$9.66	\$9.66	\$9.66

Dental Coverage

Deduction amounts for Delta Dental coverage:

	Biweekly Employee Costs, by Coverage Plan			
	Employee Coverage	Employee and Spouse	Employee and Child(ren)	Family: Employee, Spouse, Child(ren)
Delta Dental www.deltadentalins.com	\$1.59	\$7.03	\$7.03	\$7.03

Change History

- **December 3, 2018**- Updated all rates
- **May 11, 2018** - Added Vision Coverage rates.
- **October 31, 2017** - Updated all rates
- **January 11, 2017** - Updated all rates
- **October 28, 2015** - Updated all rates, removed Medco references
- **December 16, 2014** - Updated all rates; updated plan offerings
- **December 3, 2013** - Updated all rates; updated plan offerings
- **November 29, 2012** - Updated MVP rates
- **October 24, 2012** - Updated premium rates and plans for 2013, added dental
- **December 8, 2011** - Updated premium rates and plans for 2012
- **December 27, 2010** - Updated premium rates and plans for 2011
- **December 14, 2009** - Updated premium rates for 2010.
- **December 30, 2008** - Updated premium rates for 2009.
- **December 31, 2007** - Updated premium rates for 2008.
- **December 27, 2006** - Updated premium rates for 2007.
- **December 9, 2005** - Updated premium rates for 2006.

- **December 23, 2004** - Updated premium rates and plans for 2005.
- **December 29, 2003** - Premium rates updated for 2004.
- **January 28, 2003** - Premium rates updated for 2003. Graduate student premium rates moved to new document.
(gsehp-premiums.htm)

Feedback

Was this document clear and easy to follow? Please send your feedback to webfeedback@rfsuny.org.

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