

# Meet your 2019-2020 Mentor Program Facilitators

(In order of appearance)



**Kat Koppett**

Presenting: **Listening 3.0: Using this Communication Superpower to Expand Influence, Build Relationships and Solve Problems & Presentation Skills Intensive**

Kat holds a B.F.A. in Drama from New York University and an M.A. in Organizational Psychology from Columbia University, and continually seeks to combine the wisdom and strengths of both disciplines to create programs that are both practical and transformative. Her book *Training to Imagine: Practical Improvisational Theatre Techniques to Enhance Creativity,*

*Teamwork, Leadership, and Learning*, is considered a seminal work in the field of Applied Improv and is used by professionals around the world. Kat has designed and delivered programs for such diverse clients as Apple, Chanel, Prezi, Kaiser-Permanente, GE, St. Peters Hospital, JPMorgan Chase, Eli Lilly, Facebook, and The Farm Bureau in places such as India, Brazil, Paris, Budapest and Oklahoma. Her areas of special interest include executive coaching, leadership, presentation and communication skills development, creativity and innovation facilitation, teamwork and conflict resolution.



**Laurel McAdoo**

Presenting: **Using DISC as a Communication Resource**

Laurel McAdoo has worked for The Research Foundation for SUNY for almost 20 years. In her current role as a Human Resources and Learning and Development Manager she leads the RF Mentoring Program and is an advocate for developing talent throughout the system. Laurel is a certified DISC Facilitator and is looking forward to sharing the next ten months with the program participants.

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**Khamel Abdulai**

Presenting: **Emotional Intelligence & Change Through Effective Leadership: Shackleton's Way**

Khamel is the Director of Training and Talent Management at Excelsior College where he oversees training and professional development initiatives for the College. Khamel supports the College's strategic objectives through human capital development while fostering a culture of inclusion, lifelong learning, and employee engagement. An agent of positive change, Khamel is continually channeling his academic training and work experiences to bring growth to current and future professional engagements, while still maintaining links to the community through non-profit volunteering.



**Mickey Bradley**

Presenting: **Collaborative Conflict**

Mickey Bradley is an organizational consultant specializing in Strategic Culture Change, Team Effectiveness, and Skill Building. He has conducted many training sessions around the world on topics including Diversity & Inclusion, Communication, Conflict Resolution, Engagement, Implicit Bias, Building Trust, and more. He diagnoses organizational needs and designs solutions to create a performance-driven culture that leverages everyone's full knowledge, experience, and talent. Mickey is also a certified executive coach who works directly with leaders and teams in Fortune 100 companies to help clients gain focus and clarity, overcome obstacles, increase confidence, and accelerate results. He has coached hundreds of people in dozens of companies for greater career success and organizational impact.

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**Joshua B. Toas**

Co - Presenting: **Speaking Truth to Power**, Servant Leadership

Joshua B. Toas serves as The Research Foundation for The State University of New York's Vice President of compliance, chief compliance officer and assistant secretary. He is responsible for implementing a compliance program and providing strategic advice that safeguards the RF as well as its customers, reputation, assets, and stakeholder interests. As chief compliance officer, Mr. Toas also serves as the RF's chief ethics officer, chief risk officer, privacy officer, and information security officer. Mr. Toas previously served as the RF's senior director for enterprise risk management and as the RF's deputy general counsel.



**Kathleen Caggiano-Siino**

Co - Presenting: Speaking Truth to Power, **Servant Leadership**

Kathleen Caggiano-Siino is currently the vice president of human resources and has been at the RF since September 2012. In this role, she leads the RF's talent management practices, builds relationships with SUNY campuses, and supports the organization in becoming an Employer of Choice. Kathleen co-leads the Learning Tuesday's sessions every other week for "just in time" learning across our campus research community. She is also the central office team leader for the campus wide mentoring and succession planning programs.