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### **New Staff Orientation**

This program is designed for RF new hires, however all RF employees are welcome.

### **Part I: Inside the RF - Meeting Our Departments**



**Part I: March 16, 10:00am-12:30pm**

On Day 1, program participants can expect to receive an overview of various departments at the RF: HR, Finance, ITS, Sponsored Program Services, Technology Transfer, and more.

### **Part II: Ethics 101 - Values & Making Tough Choices**

**Part II: March 20, 9:00am-11:30am**

*with Andrew Kenyon, Ethics & Compliance Manager*

On Day 2, participants will receive an overview of Ethics, Values, & Tough Choices. New hires will expand their knowledge of the business of the RF and how they as individuals play a part in our overall success. Please note, this session does not review RF benefits or specific position responsibilities.

[Register Now](#)

### **Leading People Responsibly Series**

These interactive sessions provide practical tools to help you lead with confidence and skill.

#### **Part 1: Walking Our Talk**

**Exploring Core Values & Aligning Our Actions**



**March 25, 9:30am-11:00am**

*With Kat Koppett & Livia Walker, koppett*

Our actions, and reactions, as leaders are guided by our core values. These deeply held beliefs of what we find meaningful and worthwhile inform how we respond to the complex, ambiguous, and mundane responsibilities of leadership. In this session, we will identify our core values, explore how they contribute to our leadership style, and how to manage when they are challenged.

#### **Part 2: HR Essentials**

**April 14, 9:00am-10:30am**

*With Kate Malia, Director of HR*

The HR Essentials session equips you with key tools to support your team. Learn about employee leave, fringe rates, FLSA wage requirements, and more—all tailored to foster a compliant and supportive workplace.



### **Part 3: Giving & Receiving Feedback**



**May 7, 9:30am-11:00am**

*With Mickey Bradley, Buster Consulting*

Providing feedback – and responding to it – is essential for problem-solving, accountability, continuous improvement, and individual learning/growth. But how you say it makes all the difference in how it is received. This session will provide communication guidelines and practical tips for creating a strong culture for feedback in your team/organization.

[Sign Up for Leading People Responsibly Series](#)

**Conflicts of Interest**

**April 24, 9:00am-11:30am**

*With Andrew Kenyon, Ethics & Compliance Manager*

Conflicts of interest are often seen as extreme cases of self-dealing, but they can also arise from everyday overlaps in personal and professional activities. This session will help participants understand what conflicts of interest are, common situations that create them, and how to recognize, address, and manage them.



[Register Now](#)

**May is Mental Health Month**  
**Supporting Well-being During Turbulent Times**  
**Thriving in the Face of Information Overload**



**May 6, 11:00am-12:00pm**

*With Dr. M. Dolores Cimini, Director & Senior Research Scientist at the University at Albany*

Feeling overwhelmed by nonstop news and rapid change? Discover tools to manage media overload, handle tough conversations, and stay clear, calm, and resilient.

[Register Now](#)

**Can We Do That?: Understanding Delegation of Authority at the RF**

**May 14, 9:00am-11:00am**

*With Andrew Kenyon, Ethics & Compliance  
Manager*

This session will provide an overview of how authority is delegated within the RF's business model, and some key limitations and restrictions on what RF employees and representatives are authorized to do when conducting RF business.



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**Spring Leadership Book Club**

JOIN OUR RE  
**Spring Book Club**



**WEDNESDAYS, 12PM-1PM**  
*APRIL 1, APRIL 15*  
*APRIL 29, MAY 13*

## What We're Reading

We'll dive into Dare to Lead, using Brené Brown's official Facilitator Guide to spark meaningful, reflective conversations about courage, vulnerability, and leadership.

## When We Meet

- Wednesdays, 12:00–1:00 PM
- April 1, April 15, April 29, May 13

## Why Join?

- **Sharpen Your Leadership Edge:** Explore brave leadership through guided reflection and peer dialogue.
- **No Prep Stress:** All discussion questions come straight from Brené's facilitator guide—you simply bring your insights and curiosity.
- **Grow in Community:** Whether you're a seasoned leader or just beginning your journey, this is a chance to connect, reflect, and grow in presence and purpose.

## Ready to join?

Spots (and books!) are limited, so reserve yours early.

[Click here to sign up](#)

## Society of Research Administrator's International LevelUP

### SRAI LevelUP licenses are available to all interested staff.

LevelUP is SRAI's on-demand learning platform designed to meet the real-world needs of research administrators. Whether you're new to the field or looking to sharpen your skills, LevelUP offers targeted, self-paced modules built for busy professionals.



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## The Good Newsletter



Do you have some good news to share? We're collecting stories for The Good Newsletter and would love to celebrate your achievements in the following areas:

- New Degrees and Professional Certifications
- Community Service / Volunteer Activities
- Upcoming Retirements
  - Please share news of your upcoming retirement or that of a colleague (with their permission, of course).

We look forward to celebrating your good news and to seeing you in our upcoming sessions! [Submit your news here.](#)

### The Research Foundation for SUNY

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