## 2023 Health Care Plan Comparison and Rates

<table>
<thead>
<tr>
<th>PLAN FEATURE</th>
<th>EMPIRE BLUE CROSS TRADITIONAL PPO</th>
<th>EMPIRE BLUE CROSS DEDUCTIBLE PPO</th>
<th>CAPITAL DISTRICT PHYSICIANS’ HEALTH PLAN (CDPHP)</th>
<th>INDEPENDENT HEALTH ASSOCIATION (IHA)</th>
<th>MVP</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MONTHLY RATES</strong></td>
<td>Regular COBRA</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Individual</td>
<td>$1,286.04</td>
<td>$1,175.08</td>
<td>$983.93</td>
<td>$859.91</td>
<td>$1,047.07</td>
</tr>
<tr>
<td>Individual + Spouse/ Domestic Partner</td>
<td>$2,660.63</td>
<td>$2,438.67</td>
<td>$1,967.87</td>
<td>$2,063.79</td>
<td>$2,415.40</td>
</tr>
<tr>
<td>Individual + Child(ren)</td>
<td>$2,285.07</td>
<td>$2,085.33</td>
<td>$1,869.47</td>
<td>$1,547.83</td>
<td>$2,005.90</td>
</tr>
<tr>
<td>Family</td>
<td>$3,850.64</td>
<td>$3,518.09</td>
<td>$2,755.02</td>
<td>$2,407.74</td>
<td>$2,733.39</td>
</tr>
</tbody>
</table>

## 2023 Dental and Vision Plan Rates

<table>
<thead>
<tr>
<th>COVERAGE LEVEL</th>
<th>DENTAL PLAN MONTHLY RATE</th>
<th>REGULAR VISION PLAN MONTHLY RATE</th>
<th>VISION PLAN PLUS MONTHLY RATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individual</td>
<td>$35.22</td>
<td>$4.34</td>
<td>$15.05</td>
</tr>
<tr>
<td>Family</td>
<td>$83.27</td>
<td>$10.30</td>
<td>$35.29</td>
</tr>
</tbody>
</table>