

DID YOU KNOW...

## You have a Medical Ally to help get the expert medical care you deserve?



If you are facing a medical condition or considering surgery, it is important to find a highly qualified healthcare team you can trust. As part of your benefits, you have access to a Medical Ally for **personalized and confidential one-on-one support to help you make medical decisions with confidence.**

### Your Medical Ally can help you:

Understand the **risks and benefits of surgery**

Get a **second opinion**

Manage the day-to-day **stress of a condition**

Ask your doctor the **right questions**

Understand any **medical diagnosis** & learn  
about all available **treatment options**



### Considering surgery? Know your options.

Many common conditions have more than one effective treatment option, yet patients are often presented with only one choice.

If your doctor recommends elective lower back surgery, hip or knee replacement, weight loss surgery or hysterectomy, you may qualify for a **\$400 prepaid card\*** just for learning more about your treatment options.

**The Research Foundation for SUNY** is pleased to offer this valuable service to you and your eligible dependents at no cost.



**888-361-3944**

Monday–Friday, 8 a.m.–8 p.m. CT



**mymedicalally.alight.com**

To register, enter company code  
*Research Foundation*

\*To be eligible, engage with a Medical Ally for one of the elective surgeries above and complete a survey. You must start the program at least 30 days before a planned surgery date. Emergency procedures do not qualify for the incentive, and other restrictions may apply. Prepaid Mastercard® issued by MetaBank®, Member FDIC. Card terms apply. Card is courtesy of Alight Solutions; Awards may be taxable.