





## ConsumerMedical Can Help You Prepare for Flu Season

ConsumerMedical is your Medical Ally for confidential, one-on-one support—from the first symptom through treatment or anywhere along your medical journey.

The flu is caused by the influenza virus, which is always changing. This means new strains of the virus emerge regularly. If the new strains are not similar to what you have been exposed to in the past, either by vaccination or infection, you will not be protected.<sup>1</sup>

Call us today for FREE information on influenza, types of vaccines, common treatment approaches, questions to ask your doctor and how to care for someone with the flu.

"I have already referred others to this program. I think it is a great service that most of us don't pay attention to."

<sup>1</sup> Influenza (Flu), Mayo Foundation for Medical Education and Research, 2015.

## Get More Information from ConsumerMedical

Remember, ConsumerMedical covers health concerns from A-Z, from cancer and diabetes to depression and the flu. Call or log on today.

888-361-3944

Monday - Friday, 8:30 a.m. to 11:00 p.m. Eastern

www.myconsumermedical.com