

COBRA Rates for Postdoctoral Employees

COBRA Premiums for Continuation of Health Benefits for Postdoctoral Employees and Dependents

Effective July 1, 2019 through December 31, 2019

Provider	Monthly Premiums effective January 1, 2019			
	Employee	Employee and Spouse	Employee and Child(ren)	Family: Employee, Spouse, Child(ren)
Empire Blue Cross (RF Plan Preferred Provider Organization)				
Traditional PPO	\$954.58	\$1,994.74	\$1,689.39	\$2,856.49
Deductible PPO	\$876.81	\$1,839.19	\$1,549.39	\$2,623.38
Capital District Physicians Health Plan (CDPHP - All Areas)	\$785.06	\$1,570.13	\$1,491.63	\$2,198.18
Independent Health Association (IHA)	\$713.84	\$1,713.21	\$1,284.90	\$1,998.74
MVP Health Plan (all areas)	\$921.42	\$2,078.39	\$1,662.09	\$2,371.85
	Employee	Employee +1	Employee +2 or more	
UMR (GSPDEHP)	\$ 259.59	\$ 577.07	\$ 741.34	
Dental Insurance	\$35.22	\$83.27	\$83.27	
Vision Care	\$4.34	\$10.30	\$10.30	
Vision Care- Plus	\$13.30	\$31.65	\$31.65	

Change History

- July 1, 2019 – Created rate page

Feedback

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